



Parent Education Schedule

Evening sessions are in the Student Center and morning sessions are in the Main House

Date and Time	Topic	Suggested Grade Level	Description
9/25/2018 (6:30 pm)	Communication strategies to improve brain integration	1-5	Drawing on the science from <i>The Whole Brain Child</i> and from other resources, we will explore some communication strategies that will help children develop resilience, autonomy, and executive function.
10/2/2018 (6:30 pm)	Connection through communication: strategies for parents of adolescents	6-12	During this workshop, we will focus on communication strategies that will help adolescents retain healthy attachments and connections with their parents and caregivers throughout their adolescence.
10/16/2018 (6:30 pm)	Get Organized!	1-12	Parents and educators will come together to share grade-appropriate strategies to help their students become more organized and independent.
10/23/2018 (8:00 am)	Coffee and Conversations	1-12	Join us for snacks, beverages and a discussion on challenges currently facing parents.
11/6/2018 (6:30 pm)	Electronics and Screen Time: Creating a media plan	3-8	Parents will have an opportunity to share their family media plan and discuss various approaches to electronics use. We will also explore recommendations on appropriate and safe electronics use from a variety of sources.
11/13/2018 (6:30 pm)	Myths and Facts about College	8-12	It's easy to feel alarmed when it comes to thinking about applying to and getting into college these days. News articles, op-ed pieces, and social media are full of attention-grabbing headlines. How do we separate the facts from the fiction? What is it really like these days when it comes to applying to college? And how do we embrace this process with clarity, sanity, and maybe even some fun?
11/20/2018 (8:00 am)	Coffee and Conversations	1-12	Join us for snacks, beverages and a discussion on challenges currently facing parents.
11/27/2018 (6:30 pm)	Parent Panel: Creating a Culture of Service and Social Responsibility.	1-12	Parents of current and former Oak Grove Students will share how they were able to instill a culture of service and social responsibility in their families. The parent panel will offer age-appropriate suggestions for parents who are hoping to get their children more involved in community and activist causes.
12/11/2018 (6:30 pm)	Art Night for Secondary Parents	7-12	Secondary Parents will come together to work on a group art project and reflect on the experience of the fall semester.
12/18/2018 (8:00 am)	Coffee and Conversations	1-12	Join us for snacks, beverages and a discussion on challenges currently facing parents.

Early Childhood Parent Education meets on Thursdays from 8:00-10:30 am in the Main House on the following dates:

- 9/20/2018- Chris (Group C-1 teacher) joins, 8-9am
- 10/25/2018- Laila (Kindergarten teacher) joins, 8-9am
- 11/29/2018- Serra (3rd Grade Teacher) joins, 8-9am